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Energy causes changes.

Energy has many forms.

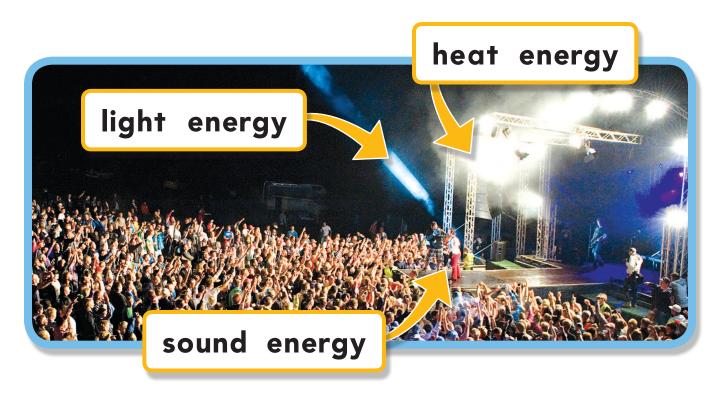
Energy comes from many places.



Heat is a form of energy.

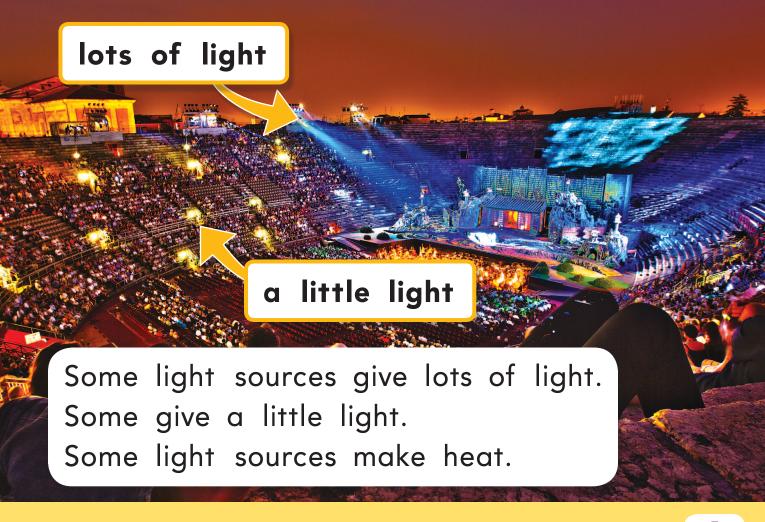
We feel heat with our sense of touch.

Heat can cook food.



Light is a form of energy.

We see light with our sense of sight.





Sound is a form of energy.

Things vibrate and make sound.

We hear sound with our sense of hearing.



Sounds can be loud or soft. Sounds can be low or high. There is energy all around us.

Responding

Draw an Energy Picture

Think of your favorite part of the day. Imagine where you are and what you do at that time. Use your senses to explore the forms of energy you see as you picture that time of day. Then draw a picture of your favorite part of the day. Label the forms of light, heat, and sound energy in your picture.

Write About Forms of Energy

Copy these sentences onto a sheet of paper. Write the form of energy that completes the first sentence. Then write your own sentence or draw a picture to tell how that form of energy helps you.

We see _____.
We feel _____.
We hear _____.

Vocabulary

energy sight

hearing sound

heat sources

light vibrate

sense





